

Pork Chops with Mushroom Gravy

Ingredients

4 Sinclair Family Farm pork chops (bone-in or boneless*)

Kosher salt

Pepper

1 tbsp. olive oil

1 tbsp. butter

1.5 cups mushrooms, sliced

½ yellow onion, sliced

1 tbsp. all-purpose flour

½ cup chicken broth

½ cup heavy cream

2 tsp. Worcestershire sauce

1 tsp. Dijon mustard

1 tsp. 7 Hawk Ranch Fresh Organic Thyme, stems removed

1 tsp. flat leaf parsley, chopped



Method

- 1. Pat 4 pork chops dry and season generously with salt and pepper on both sides.
- 2. Heat 1 tablespoon olive oil and 1 tablespoon butter in a large skillet over medium-high heat. When the butter melts, add the pork chops and sear for 5 minutes on each side (less for boneless). Remove from the pan and set aside.
- 3. Without cleaning the pan, add 1 $\frac{1}{2}$ cups sliced mushrooms and $\frac{1}{2}$ a sliced yellow onion and cook until golden brown and caramelized. Add a little more oil if the pan is too dry.
- 4. Once browned, add 1 tablespoon all-purpose flour and stir to coat. Cook for 1-2 minutes more.
- 5. Add ½ cup chicken broth, ½ cup heavy cream, 2 teaspoons Worcestershire sauce, and 1 teaspoon Dijon mustard to the pan. Whisk gently until it thickens.
- 6. Add salt and pepper to taste, then place the pork chops back into the pan and cover with the gravy. Allow to heat through.
- 7. Plate and spoon gravy over pork chops to serve. Optionally, garnish with 1 teaspoon of thyme.

I like a bone to chew on, so I do like to eat bone-in chops.

For convenience – <u>boneless pork chops</u> are the way to go. They're super lean and have less fat, so they can be less flavorful, and you have to cook them quick on the grill, seared in a pan or broiled so they don't dry out."

^{*}Mike says: "Bone-in pork chops have the rib bone and some tenderloin meat too. Bone-in chops are flavorful and rich with extra fat which keeps them from drying out. With the bone in, they take longer to cook.