

Shopping List: A Taste of Tradition Balsamic Vinegar Recipes

Proteins

- Tri-tip roast (2–3 lbs), or substitute a [Sirloin Tip Roast](#)
 - Fresh mozzarella (8 oz)
-

Produce

- Mixed salad greens
 - Tomatoes (2–3)
 - Apples (1–2)
 - Strawberries (1 pint)
 - Brussels sprouts (1 lb)
 - Garlic (4 cloves)
 - Fresh basil leaves
 - Fresh rosemary (1 tbsp)
 - Fresh mint (for garnish)
-

Dairy

- Mascarpone cheese (1/2 cup)
 - Blue cheese (crumbled, for salad)
-

Pantry Staples

- [Tillie's Nevada 18-Year-Old Balsamic Vinegar](#)
 - Extra virgin olive oil
 - Dijon mustard
 - Powdered sugar (2 tbsp)
 - Salt
 - Black pepper
-

Bakery

- Baguette (1 loaf)